



# FRESAS CON CREMA

.....  
*Serves 4*  
.....

Prep Time: 10 minutes

## INGREDIENTS

- 1 can (7.6 ounces) media crema table cream\*  
*(can also use sour cream, or creme fraiche)*
  - 3 T sweetened condensed milk\*
  - 1 t vanilla extract\*
  - 3 c chopped fresh strawberries
  - Fresh mint leaves *(optional)*
- .....

## INSTRUCTIONS

- Slice strawberries into thin rounds.
- Whisk together cream, sweetened condensed milk, evaporated milk, and vanilla.
- Add sliced strawberries to a cup and top with sweet cream mixture.

---

**Fresas con crema** is a simple and tasty dessert, originating from either Mexico or Columbia. However, no matter where you find it, this refreshing treat is extremely popular in the summer around strawberry season and is sure to refresh and tickle the taste buds.

---

RECIPES & PHOTO CREDIT: [tasteofhome.com/recipes/fresas-con-crema/](https://www.tasteofhome.com/recipes/fresas-con-crema/)

Ingredients marked with an asterisk (\*) are not commonly found in the food bank. This shows us how so many cultures are unable to cook their native foods the way they usually would.

**northwest  
HARVEST**