



Three Squares Menus

2019-2020

Menu 1

<u>Breakfast:</u>	<u>Lunch:</u>	<u>Dinner:</u>	<u>Snacks:</u>
Oatmeal Milk	Mac & Cheese Applesauce	Spaghetti O's Carrots	Teddy Grahams Fruit Strip

Menu 2

<u>Breakfast:</u>	<u>Lunch:</u>	<u>Dinner:</u>	<u>Snacks:</u>
Cereal Milk	Tuna Kit Nutrition Bar	Chili Mixed Veggies	Animal Crackers Juice

Menu 3

<u>Breakfast:</u>	<u>Lunch:</u>	<u>Dinner:</u>	<u>Snacks:</u>
Cereal Milk	Beef Ravioli Applesauce	Canned Chicken White Rice	Teddy Grahams Fruit Strip

Menu 4

<u>Breakfast:</u>	<u>Lunch:</u>	<u>Dinner:</u>	<u>Snacks:</u>
Oatmeal Milk	Cup O' Noodles Nutrition Bar	Brown Rice Black Beans Corn	Animal Crackers Juice