

# northwest HARVEST



2005-2006

Annual Report to the Community



**NORTHWEST HARVEST  
PARTNER PROGRAMS 2005-2006**

*\*denotes meal programs*

**ADAMS COUNTY**

Othello Food Bank  
Ritzville Food Pantry

**ASOTIN COUNTY**

New Hope Services

**BENTON COUNTY**

Harvest Outreach  
Tri Cities Food Bank

**CHELAN COUNTY**

Cashmere Ministerial Association  
Community Cupboard/MEND  
Domestic and Sexual Violence Crisis Center  
Families in Transition  
Lake Chelan Food Bank  
St. Vincent de Paul, St. Joseph's Church  
Wenatchee Food Bank

**CLALLAM COUNTY**

Lower Elwah Tribal Food Bank  
Makah Food Bank  
New Hope Food Bank  
Port Angeles Food Bank  
Quileute Food Bank  
Sequim Adventist Community Services  
Storehouse Ministry

**CLARK COUNTY**

Battle Ground Adventist Community Services  
Clark County Adventist Community Services

FISH of Orchards  
FISH of Vancouver  
Neighbors Helping Neighbors  
Trinity Mission Cupboard

**COWLITZ COUNTY**

Castle Rock Lions Food Bank  
FISH of Cowlitz County  
Kalama Helping Hand  
North Gate City Church Food Bank  
Longview St. Vincent de Paul  
Woodland Community Service Center

*Dear Friends,*


*As hunger continues to be a daily struggle for many families across the state, Northwest Harvest continues to grow with the needs of Washington.*

*We have expanded our core programs to meet needs more completely. Our baby corner stocks baby food, formula and diapers to help new parents. Our Sandwich Brigade provides fresh, ready-made meals to those without cooking facilities. We expect our long-term efforts with the Three Squares program to reach ever more schoolchildren in food insecure households.*

*As a relief agency, we are in the fortunate position of connecting the extraordinary generosity of our community with those who need it.*

*For forty years, we have experienced our place in the cycle of compassion and gratitude as a gift. However, we would gladly trade the privilege for a community without hunger.*

*Thank you to all who give in that spirit.*



*Executive Director, Northwest Harvest*



**Northwest Harvest 2005/2006 Board of Directors**

Mr. T. David Copley	Mr. Dan Thomas	The Reverend Richard Gibson	The Reverend David L. Kile
<i>Chair</i>	<i>Vice Chair</i>	Mr. Dick Grader	Mr. Frank Minton
The Reverend Randal Gardner	Ms. Irene Ward	The Reverend W. James Halfaker	Mr. Robert Raphael
<i>Past Chair</i>	<i>Secretary/Treasurer</i>	Mr. Dan Harkins	Mr. John Rosling

**Northwest Harvest is Washington's independent, community-based, statewide hunger relief agency. We distribute food free, to 300 food banks and meal programs across the state, year-round.**

**We thank all those who contributed time, food, funds or services to fight hunger in Washington. Your gifts make a difference in the lives of many.**

*On behalf of Northwest Harvest, our 300 partner programs, and the millions of people we are able to help every year, we extend our gratitude to every member of the community who has offered a helping hand to a neighbor. Although we could never thank everyone who has given of themselves, we know that their generosity is the foundation of our community, and of hope.*

*Below are just a few of the organizations that have provided their caring support.*

100.7 The Wolf  
Adobe Systems, Inc  
Alaska Airlines  
Alliance Packaging  
Allyis, Inc.  
Amgen Foundation  
Applebee's  
Athletes Foundation  
Bartell Drug  
BAS Family Foundation  
Bates Technical College

Beaty-Neary Family Foundation  
Best Buy  
Boy Scout Troop 60  
Campbell Farm  
CityIce Cold Storage  
Clear Channel Communications  
Coraggio Textiles  
Del Monte  
Destination Harley  
Door-to-Door Storage  
Downtown Seattle Association



**We rely on volunteers for sorting and repackaging food, helping us to keep administrative costs below 7 percent. In the past fiscal year our volunteer labor equaled 43,474 hours— equivalent to 21 full-time employees.**

#### **DOUGLAS COUNTY**

Bridgeport Community Food Bank  
Mansfield Food Bank  
Orondo Food Bank  
Rock Island Food Bank  
Waterville Food Bank

#### **FERRY COUNTY**

People's Pantry

#### **FRANKLIN COUNTY**

Basin City Help Services  
Golden Age Food Share

#### **GARFIELD COUNTY**

Garfield County Food Bank

#### **GRANT COUNTY**

Grand Coulee Care and Share  
Moses Lake Community Services  
Ephrata Food Bank  
Quincy Community Food Bank  
Royal City Food Bank  
Soap Lake Food Bank  
Sociedad Hispana por Personas Mayores\*

#### **GRAYS HARBOR COUNTY**

Aberdeen Avenue Baptist Church  
Aberdeen Community Food Bank  
BASH of Washington  
Copolis Community Church  
Copolis Crossing Food Bank  
Comerstone Community Church Food Bank  
East County Food Bank  
Grays Harbor Adventist Community Services  
Hoquiam Food & Clothing Bank  
Humptulips Food Bank  
Malone Food Bank  
McCleary Food Bank  
Montesano Food Bank  
Oakville Food Bank  
Ocean Shores Food Bank  
Pacific Beach Food Bank  
Quinault Community Food Bank  
Salvation Army, Aberdeen  
South Beach Food Bank  
Union Gospel Mission, Aberdeen\*

**ISLAND COUNTY**

*Gifts From the Heart Food Bank  
South Whidbey Good Cheer*

**JEFFERSON COUNTY**

*Brinnon Food Bank  
Hoh Tribal Food Bank  
Port Townsend Food Bank  
Queets Food Bank, Quinault Tribe  
Quilcene Food Bank  
Tri Area Food Bank*

**KING COUNTY**

*Algona/Pacific Food Pantry  
Asian Counseling and Referral Service  
Ballard Food Bank  
Beacon Ave Food Bank  
CAMP Food Bank  
Cascade/Immanuel Food Bank  
Cherry Street Food Bank  
Chicken Soup Brigade  
Des Moines Food Bank  
Downtown Food Bank Pike Market  
El Centro De La Raza  
Family Works Food Bank  
Henry Ford Memorial Preston Baptist FB  
Highline Area Food Bank  
Issaquah Valley Community Services  
Jewish Family Services  
Maple Valley Food Bank  
Margie Williams Helping Hands  
Marketplace Food Bank  
Mount Si Helping Hand  
North Helpline Food Bank  
Northwest Community Services  
Operational Emergency Center  
Paradise of Praise Food Bank  
Phinney Ridge Lutheran Food Bank  
Plateau Outreach Ministries  
Providence Regina House  
Puget Sound Labor Agency  
Renewal Food Bank  
Salvation Army, Renton  
Seattle Indian Center, Food Bank*

**Our purchasing power allows us to feed a family of three one meal for 53 cents. Every dollar you donate translates into about \$4 of product that Northwest Harvest can purchase.**



*“I make too much for food assistance but don’t make enough to have food all month.”*

*—Des Moines Food Bank client*

*Our client levels continue to increase. Individuals are requesting help more frequently throughout the month.*

*—Bremerton Foodline Food Bank*

*Due to our continued bad weather, our main concern now is for so many of our clients who will have some tremendous utility bills.*

*—Reachout Food Ocean Food Bank*

*Eastside Harley  
Eastside Stakes of The Church of Jesus Christ of Latter-day Saints  
Employees Community Fund of Boeing Puget Sound  
Everett Mall  
Explorers West  
Factoria Mall  
FedEx  
Food Services of America  
Geneva Foundation  
Girl Scouts of America  
Glaser Foundation Inc.  
Great American RV  
Husky Stadium  
Jean K. Lafromboise Foundation*

*Johnson & Haeffling Family Foundation  
Joshua Green Foundation  
Kappa Sigma Fraternity  
Keyes Foundation  
KING-TV  
KIRO-AM 710 Newsradio  
KIRO-TV  
KISS-FM  
KISW-FM 99.9  
Kitsap Mall  
KNDO-TV  
KOMO-AM 1000  
KZOK-FM 102.5  
Landau Associates Inc.*

Recently, a lady came into our food bank in a vehicle filled with food. "You helped me for 8 months," she said. "I have come into some money and this is partial pay back to you."



-- Central Kitsap Food Bank

LaSalle High School  
Macy's  
Mattaini Family Foundation  
Mayflower Trucking  
Mercer Island Youth & Family Services  
Microsoft Corporation  
National Charity League  
National Frozen Foods  
National Oceanic & Atmospheric Administration  
New Northwest Broadcasters  
Nintendo of America, Inc.  
Northgate Mall  
One Eye Designs  
Pacific Northwest Title Company  
Paul M. Anderson Foundation  
Pizza Hut, Inc.  
Port of Seattle  
Poulsbo RV

QFC  
Qwest Field  
R.A. Rasmussen & Sons  
RealNetworks Foundation  
Red Robin  
Redmond Town Center  
Reser's Fine Foods  
Rotary First Harvest  
Safeco Field  
Schuler Family Foundation  
Schwartz Family Foundation  
Seattle Mariners  
Seattle Singles Yacht Club  
Seattle University  
Shanty Cafe  
Skagit Valley Community College  
SKAL International Seattle  
Starbucks  
Tacoma Mall  
The Foster Foundation  
The Howe Foundation  
The Paramount Theater  
The Stocker Foundation

*Continued rise in persons needing the services for the first time. Many find it very hard to ask for help. Continued gratitude and amazing food! Note from a client: "This is the first time I have had to use a food bank. Until my accident I was always able to provide for my family. Thank you for helping me keep my dignity."*

--Our Place Ministries Food Bank

**Over 55% of those we serve are children and the elderly. These populations are the most vulnerable to a compromised diet. Statewide, the number of seniors in need of food assistance has continued to increase.**

Snoqualmie Tribe Food Bank  
St. Mary's Food Bank  
St. Vincent de Paul South King County  
St. Vincent de Paul Food & Clothing, Seattle  
Tukwila Pantry  
University District Food Bank  
Vashon Maury Community Food Bank  
Volunteer Park Community Services  
West Seattle Food Bank  
White Center Food Bank  
Aloha Inn\*  
Angeline's Day Center\*  
Bread of Life Mission Seattle\*  
Chief Seattle Club\*  
Church of Mary Magdalene\*  
City Team Ministries\*  
Community House\*  
Community Lunch on Capitol Hill\*  
Compass Center\*  
Downtown Emergency Services Center\*  
Family & Adult Service Center\*  
Family Kitchen\*  
Friday Feast Roots\*  
H.I.P. Lake City Presbyterian Church\*  
El Centro de la Raza, Latino Hot Meal Program\*  
Lazarus Day Center\*  
Millionair Club\*  
Mount Zion Meal Program\*  
Noel House\*  
Operation Nightwatch\*  
Operation Sack Lunch\*  
Phinney Neighborhood Soup Kitchen\*  
Pike Market Senior Center Meals\*  
Restoration Worship Center\*  
St. Martin dePorres Shelter\*  
St. Martin's on Westlake\*  
St. Vincent de Paul, Sacred Heart, Seattle\*  
Tuesday's Table\*  
Union Gospel Mission Seattle\*  
University District Youth Center\*  
University Family YMCA\*  
William Booth Center\*

Wintonia Community Housing Association\*  
Zion Preparatory Academy\*

**KITSAP COUNTY**

Bremerton Foodline  
Central Kitsap Food Bank  
Helpline House  
North Kitsap Fishline  
Port Gamble S'Klallam Food Bank  
Sharenet Food Bank  
South Kitsap Helpline  
St. Vincent de Paul, Bremerton Assistance Office  
God's Kitchen\*

Lord's Neighborhood Diner\*

**KITTITAS COUNTY**

Apoyo  
HopeSource Food Bank  
**KLICKITAT COUNTY**  
Goldendale Food Bank  
Washington Gorge Action Programs  
White Salmon Adventist Community Services

**LEWIS COUNTY**

Clothes and Loaves Food Bank  
Greater Chehalis Food Bank  
Pe Ell Community Food Bank  
Salvation Army, Centralia  
SOMMA Food Bank  
Toledo Food Bank  
White Pass Community Food Bank  
Winlock Vader Food Bank  
Clothes and Loaves Meal Program\*

**LINCOLN COUNTY**

Lincoln County Care and Share

**MASON COUNTY**

Hood Canal Food Bank  
Matlock Food Bank  
North Mason Food Bank  
Saints Pantry Food Bank  
Squaxin Island Tribe Food Bank

**OKANOGAN COUNTY**

Nespelem Food Bank, Colville Tribes  
Conconully Food Bank  
Okanogan Food Bank

In 2006, Northwest Harvest secured nearly 18 million pounds of food— 80% of it donated. This is the equivalent of 24 fully-stocked grocery stores, and enough to feed 5.5 million families.

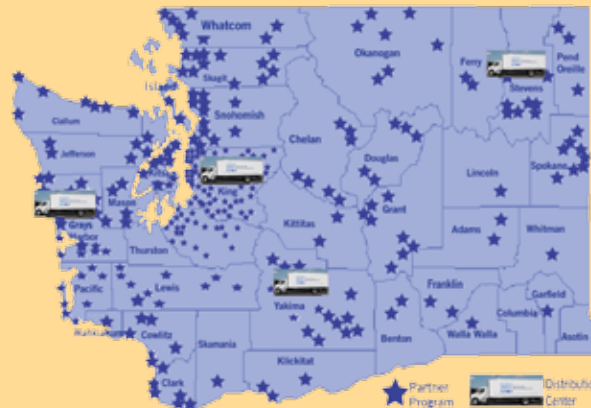
Wow! What a great job and food supply your organization provides our homeless shelters! I've noticed that we are able to provide more variety due to your great combination in food choice. For example, salmon! Our shelter is able to offer more fresh produce.

--Interfaith Family Shelter Meal Program



We distribute food all over Washington. Altogether, the partners in our network provide nearly 500,000 food services each month.

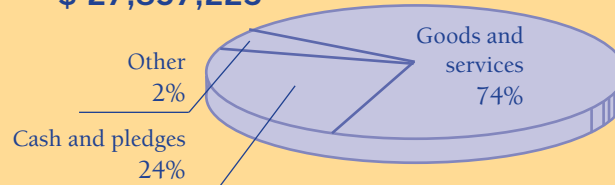
Northwest Harvest Statewide Hunger Response Network



The Stranger  
Tractor Tavern  
Tree Top Inc  
Tzu Chi Foundation  
University of Washington Police Department  
US Bank  
Valley Pride  
Walman Optical  
Washington Mutual  
Wray's Food and Drug  
Wright-Way Moving and Storage  
Yakima Symphony Orchestra  
Young Neighbors in Action  
ZymoGenetics, Inc.

# Total Support and Revenue

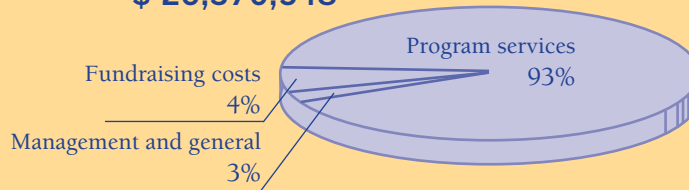
Donated goods and services	\$ 20,537,308
Donated cash and pledges*	\$ 6,860,988
Investment income and other	\$ 458,927
<b>TOTAL</b>	<b>\$ 27,857,223</b>



\* Includes bequests designated for long-term use.

# Total Expenses

Program services	\$ 24,613,477
Fundraising costs*	\$ 984,471
Management and general	\$ 772,600
<b>TOTAL</b>	<b>\$ 26,370,548</b>



\* Excludes in-kind services.

Omak Food Bank  
 Oroville Food Bank  
 St. James Episcopal/Brewster Food Bank  
 The Cove  
 Tonasket Food Bank

## PACIFIC COUNTY

Chinook Tribal Food Bank  
 North River Food Bank  
 Peninsula FISH Food Bank  
 Reachout Food Bank  
 Shoalwater Bay Food Bank  
 St. Vincent de Paul, Ilwaco Food Bank  
 Willapa Harbor Ministerial Association FB  
 His Supper Table\*

## PEND OREILLE COUNTY

Cusick Food Bank  
 Emergency Food Bank of Lone  
 Newport Food Bank

## PIERCE COUNTY

Allen Food Pantry  
 Asbury United Methodist Church Food Bank  
 Bethany Presbyterian FISH Food Bank  
 Camp Fire Building Bridges  
 Edgewood Community Food Bank  
 Fircrest Presbyterian FISH Food Bank  
 FISH of Puyallup Valley  
 Food Connection, St. Leo's  
 Grace Baptist FISH Food Bank  
 Graham South Hill FISH Food Bank  
 Lakes Area FISH Food Bank  
 Mason United Methodist Church FISH FB  
 My Sister's Pantry  
 Oldtown FISH Food Bank  
 Roy FISH Food Bank  
 SE Tacoma Parkland FISH Food Bank  
 Sixth Ave Baptist FISH Food Bank  
 Skyline Presbyterian FISH Food Bank  
 South Tacoma FISH Food Bank  
 Spanaway FISH Food Bank  
 St. Luke's Memorial FISH Food Bank  
 Sumner FISH Food Bank  
 Tacoma Adventist Community Services



Some of our partners have no paid staff, and their food bank is really just a loaned storage room in a school or a church run by volunteers. Some are serving clients through a basement window. These programs work hard to get donations and funding to find the resources to operate. They struggle to have enough food to help working families feed their children and elderly folks on fixed incomes. Their communities depend on them.

—Bonnie Baker, Northwest Harvest Membership Manager

We are solidly committed to providing a menu to our clients that is healthy and nutritionally balanced. This is only possible because we have great control over the food we supply.

Nutritional breakdown of all food distributed by Northwest Harvest in fiscal year 2005-2006.

Dairy	2.4 %
Grains	12.4 %
Protein	14.1 %
Ready-to-eat and other	30.5 %
Fruits and vegetables	40.6 %



- Tillicum American Lake Garden Community Services
- University Place Food Bank
- Sea Mar Adult Treatment\*
- Takoma Rescue Mission\*

**SKAGIT COUNTY**

- Alger Food Bank
- Anacortes 100 Food Bank
- Bread of Life-Marblemount Community Covenant Church
- Concrete Food Bank
- Helping Hands Food Bank
- Skagit Valley Neighbors in Need
- St. Charles Food Bank
- Swinomish Tribal Food Bank
- Viewcrest Heartprints Pantry
- Friendship House\*

**SKAMANIA COUNTY**

- Stevenson Food Bank, Washington
- Gorge Action

**SNOHOMISH COUNTY**

- Carol Rowe Food Bank, Edmonds
- United Methodist Church
- Concern for Neighbors
- Darrington Community Services
- Granite Falls Food Bank
- Lynnwood Food Bank
- Marysville Food Bank
- Sky Valley Food Bank
- Snohomish Community Food Bank
- Sultan Food Bank
- Tulalip Food Bank
- Westgate Chapel Food Bank
- Interfaith Family Shelter\*
- Tree of Life Food Ministry\*

**SPOKANE COUNTY**

- Airway Heights Food Bank
- East SNAP Food Bank
- Greenhouse
- North County Food Pantry
- Northeast SNAP Pantry
- Our Place Ministries
- Valley Food Bank
- Concern for Neighbors
- Free Restaurant\*

**STEVENS COUNTY**

- Addy Rescue Mission
- Chewelah Food Bank
- Ford Food Pantry
- Hunters Food Bank
- Kettle Falls Community Chest
- Loon Lake Food Pantry
- Northport Food Bank
- Spokane Tribe Food Bank
- Turn Turn Community Food Bank
- Colville Food and Resource Center

**THURSTON COUNTY**

- ROOF Community Resource Center
- Yelm Community Services

**WAHKIYAKUM COUNTY**

**WALLA WALLA COUNTY**

- Helping Hand
- Pantry Shelf of Walla Walla
- Saturday Pantry

**WHATCOM COUNTY**

- Bellingham Food Bank
- Blaine Food Bank
- Ferndale Food Bank
- Foothills Food Bank
- Lummi Food Bank
- Nooksack Tribal Food Bank
- Nooksack Valley Food Bank
- Point Roberts Food Bank

**WHITMAN COUNTY**

- Council on Aging and Human Services FB

**YAKIMA COUNTY**

- Care Bearers
- Cowiche Highland United Methodist Church Food Bank
- El Pan de Cada Dia
- Fairview Seventh Day Adventist Food Pantry
- Grandview Seventh Day Adventist Food Bank
- Mabton Food Bank
- O.I.C. of Washington
- Our Daily Bread
- Selah Food Bank
- Sunnyside Adventist Community Services
- Sunnyside Ministerial Food Bank
- Toppenish Food Bank
- Wapato Food Bank
- White Swan Food Bank
- Yakima Food Bank
- Yakima Seventh Day Adventist FB
- Zillah Food Bank