

# northwest HARVEST



**Annual Report to  
the Community,  
2003-2004**



*Our mission is to fight hunger in the state of Washington in a manner that respects the dignity of those we serve.*



## **2003-2004 Northwest Harvest Board of Directors**

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## **Northwest Harvest, Washington's only statewide hunger relief agency**

- In this fiscal year we secured 18.3 million pounds of food, and distributed it free of fees to a network of 300 food banks and meal programs that altogether provide nearly 500,000 services each month.

- About 80 percent of the food we secure is donated.

- Nearly 94 percent of our total budget goes directly toward distributing food.

- Northwest Harvest operates the Cherry Street Food Bank at 711 Cherry Street, Seattle, and distributes food throughout the state from warehouses in Grays Harbor, King, Stevens and Yakima counties.



# Support, revenue and expenses 2003-2004

## Support and Revenue

	Unrestricted	Temporarily restricted	Permanently restricted	Total
Public support				
Cash contributions				
General public	\$4,493,021	\$209,670		\$4,702,691
Religious organizations	\$34,914	\$32,515		\$67,429
Corporations and foundations	<u>\$730,046</u>	<u>\$718,230</u>		<u>\$1,448,276</u>
Total cash contributions	\$5,257,981	\$960,415		\$6,218,396
Contributions of goods and services	<u>\$20,068,522</u>			<u>\$20,068,522</u>
<b>Total public support</b>	\$25,326,503	\$960,415		\$26,286,918
Interest income	\$26,192	\$16,984	\$1,731	\$44,907
Change in value of contributed securities and related fees	(\$6,976)			(\$6,976)
Realized gain/(loss) on investments		\$31,435	\$3,200	\$34,635
Unrealized gain/(loss) on investments		\$85,353	\$8,746	\$94,099
Miscellaneous	<u>\$4,791</u>			<u>\$4,791</u>
Total other revenue	\$24,007	\$133,772	\$13,677	\$171,456
Net assets released from restrictions	<u>\$795,985</u>	<u>(\$794,859)</u>	<u>(\$1,126)</u>	<u>0</u>
<b>Total support and revenue</b>	<u>\$26,146,495</u>	<u>\$299,328</u>	<u>\$12,551</u>	<u>\$26,458,374</u>

Northwest Harvest is entirely supported by private donations. We receive no public funds. We receive significant nonmonetary support from volunteers, estimated at 41,500 hours in the fiscal year ending on June 30, 2004.

## Expenses

Program services	\$23,687,832			\$23,687,832
Management and general	\$822,980			\$822,980
Fundraising costs	<u>\$1,969,049</u>			<u>\$1,969,049*</u>
<b>Total expenses</b>	<u>\$26,479,861</u>			<u>\$26,479,861</u>
Change in net assets	(\$333,366)	\$299,328	\$12,551	(\$21,487)
Net assets at beginning of year	<u>\$5,513,370</u>	<u>\$852,192</u>	<u>\$904,213</u>	<u>\$7,269,775</u>
Net assets at end of period	<u>\$5,180,004</u>	<u>\$1,151,520</u>	<u>\$916,764</u>	<u>\$7,248,288</u>

[www.northwestharvest.org](http://www.northwestharvest.org)  
P.O. Box 12272, Seattle, WA 98102  
(800) 722-6924

P.O. Box 297, Yakima, WA 98907  
(509) 575-6956

Northwest Harvest is a 501(c)(3) nonprofit organization that raises funds in support of its mission to fight hunger. Northwest Harvest is registered with the Secretary of State under the Charitable Solicitations Act.

\*Includes \$1,065,354 in in-kind donations.

northwest**HARVEST**

# Member food banks and meal programs

*Our partners in food distribution, receiving food from Northwest Harvest free of charge*

<b>Adams</b>	Othello Food Bank Ritzville Food Pantry	<b>Grant</b>	Ephrata Consolidated Food Bank Grand Coulee Care and Share Mattawa Food Bank Moses Lake Community Services Quincy Community Food Bank Royal City Food Bank Soap Lake Food Bank Sociedad Hispana por Personas Mayores*
<b>Benton</b>	Tri-Cities Food Bank Word of Faith Outreach		
<b>Chelan</b>	Cashmere Ministerial Association Community Cupboard/MEND DSV Crisis Center Entiat Food Bank Families in Transition Lake Chelan Food Bank St. Joseph St. Vincent de Paul Wenatchee Food Bank	<b>Grays Harbor</b>	Aberdeen Avenue Baptist Church BASH of Washington Copalis Community Church Copalis Crossing Food Bank Cornerstone Community Church Food Bank East County Food Bank Galilean Ocean Shores Food Bank Grays Harbor Adventist Community Services Hoquiam United Food Bank Humptulips Food Bank Malone Food Bank McCleary Food Bank Montesano Food Bank Oakville Food Bank Pacific Beach Food Bank Quinault Community Food Bank Salvation Army, Aberdeen South Beach Food Bank Union Gospel Mission, Aberdeen*
<b>Clallam</b>	Lower Elwah Tribal Food Bank Makah Food Bank New Hope Food Bank Port Angeles Food Bank Quileute Food Bank Sequim Adventist Community Services Storehouse Ministry Makah Senior Citizens Program*		
<b>Clark</b>	Battle Ground Adventist Community Services Clark County Adventist Community Services FISH of Orchards FISH of Vancouver Neighbors Helping Neighbors Trinity Mission Cupboard	<b>Island</b>	Gifts From the Heart Food Bank
<b>Cowlitz</b>	Castle Rock Lions Food Bank FISH of Cowlitz County Kalama Helping Hand Longview St. Vincent de Paul North Gate City Church Food Bank Woodland Community Service Center	<b>Jefferson</b>	Brinnon Food Bank Hoh Tribal Food Bank Port Townsend Food Bank Queets Food Bank, Quinault Tribe Quilcene Food Bank Tri-Area Food Bank
<b>Douglas</b>	Bridgeport Community Food Bank Mansfield Food Bank Orondo Food Bank Rock Island Food Bank Waterville Food Bank	<b>King</b>	Asian Counseling and Referral Service Algona/Pacific Food Pantry Another Chance Outreach Ballard Food Bank Beacon Ave. Food Bank CAMP Rick Davis Food Bank Cascade/Immanuel Food Bank Center for Empowerment Cherry Street Food Bank Des Moines Food Bank Downtown Food Bank
<b>Ferry</b>	People's Pantry		
<b>Franklin</b>	Basin City Help Services Golden Age Food Share		

\*Denotes meal programs

(King)

El Centro De La Raza  
 Family Works Food Bank  
 Henry Ford Memorial Preston Baptist Food Bank  
 Highline Area Food Bank  
 Issaquah Valley Community Services  
 Jewish Family Services  
 Koinonia Community Services  
 Lifelong AIDS Alliance  
 Maple Valley Food Bank  
 Margie Williams Helping Hands  
 Mount Si Helping Hand  
 Muckleshoot Food Bank  
 North Helpline Food Bank  
 Northwest Community Services  
 Operational Emergency Center  
 Paradise of Praise Food Bank  
 Phinney Ridge Lutheran Food Bank  
 Plateau Outreach Ministries  
 Providence Regina House  
 Puget Sound Labor Agency  
 Renewal Food Bank  
 Salvation Army, Renton  
 Seattle Indian Center Food Bank  
 Snoqualmie Tribe Food Bank  
 St. Mary's Food Bank  
 St. Vincent de Paul, South King County  
 St. Vincent de Paul Food and Clothing, Seattle  
 Tukwila Pantry  
 University District Food Bank  
 Vashon-Maury Community Food Bank  
 Volunteer Park Community Services  
 West Seattle Food Bank  
 White Center Food Bank  
 Polynesian Food Bank  
 Aloha Inn\*  
 Angeline's Day Center\*  
 Bread of Life Mission Seattle\*  
 Chief Seattle Club\*  
 Church of Mary Magdalene\*  
 City Team Ministries\*  
 Community House\*  
 Compass Center\*  
 Dove House\*  
 Downtown Emergency Service Center\*  
 El Centro Hot Meal Program\*  
 Family Kitchen\*  
 Feeding the Multitudes\*  
 First Avenue Service Center\*  
 Friday Feast\*  
 Houses of Meaningful Emergencies\*  
 Lazarus Day Center\*  
 Millionair Club\*  
 Mount Zion Meal Program\*

(King)

Muckleshoot Meal Program\*  
 Noel House\*  
 Operation Nightwatch\*  
 Operation Sack Lunch\*  
 Phinney Neighborhood Soup Kitchen\*  
 Pike Market Senior Center\*  
 Peace for the Streets by Kids from the Streets\*  
 Restoration Worship Center\*  
 Seattle Indian Center Hot Meals Program\*  
 St. Martin de Porres Shelter\*  
 St. Martin's on Westlake\*  
 St. Vincent de Paul, Sacred Heart, Seattle\*  
 Union Gospel Mission, Seattle\*  
 University District Youth Center\*  
 University Family YMCA\*  
 William Booth Center\*  
 Wintonia Community Housing Association\*  
 Zion Preparatory Academy\*

Kitsap

Bremerton Foodline  
 Central Kitsap Food Bank  
 Helpline House  
 Port Gamble S'Klallam Food Bank  
 Salvation Army, Bremerton Food Bank  
 Sharenet Food Bank  
 South Kitsap Helpline  
 St. Vincent de Paul, Bremerton Assistance Office  
 God's Kitchen\*  
 Lord's Neighborhood Diner\*  
 Salvation Army, Bremerton Meals\*

Kittitas

APOYO food bank

Klickitat

Goldendale Food Bank  
 Klickitat-Skamania Development Council  
 White Salmon Adventist Community Services

Lewis

Clothes and Loaves Food Bank  
 Greater Chehalis Food Bank  
 Pe Ell Community Food Bank  
 Salvation Army, Centralia  
 SOMMA Food Bank  
 Toledo Food Bank  
 White Pass Community Food Bank  
 Winlock-Vader Food Bank  
 Clothes and Loaves Meal Program\*

Lincoln

Lincoln County Care and Share

\*Denotes meal programs



**Mason**  
 Hood Canal Food Bank  
 Matlock Food Bank  
 North Mason Food Bank  
 The Saint's Pantry Food Bank  
 Squaxin Island Tribe Food Bank  
 By Faith Community Kitchen\*

**Okanogan**  
 Conconully Food Bank  
 Nespelem Food Bank, Colville Tribes  
 Okanogan Food Bank  
 Omak Food Bank  
 Oroville Food Bank  
 St. James Episcopal/Brewster Food Bank  
 The Cove  
 Tonasket Food Bank

**Pacific**  
 Chinook Tribal Food Bank  
 North River Food Bank  
 Peninsula FISH Food Bank  
 Reachout Food Bank  
 Shoalwater Bay Harvest Gold  
 St. Vincent de Paul, Ilwaco Food Bank  
 Willapa Harbor Ministerial Association  
 Elders Nutrition Program\*  
 His Supper Table\*

**Pend Oreille**  
 Cusick Food Bank  
 Emergency Food Bank of Ione  
 Newport Food Bank

**Pierce**  
 Allen Food Pantry  
 Asbury Food Bank, United Methodist Church  
 Bethany Presbyterian FISH Food Bank  
 Camp Fire Building Bridges  
 FISH of Puyallup Valley  
 Food Connection, St. Leo's  
 Grace Baptist FISH Food Bank  
 Graham South Hill FISH Food Bank  
 Lakes Area FISH Food Bank  
 Mason United Methodist Church  
 FISH Food Bank  
 My Sister's Pantry  
 Oldtown FISH Food Bank  
 Our Father's House  
 Roy FISH Food Bank  
 SE Tacoma-Parkland FISH Food Bank  
 Sixth Ave. Baptist FISH Food Bank  
 Skyline Presbyterian FISH Food Bank  
 South Tacoma FISH Food Bank  
 Spanaway FISH Food Bank

**(Pierce)**  
 St. Luke's Memorial FISH Food Bank  
 Sumner FISH Food Bank  
 Tacoma Adventist Community Services  
 Tillicum-American Lake Gardens Community  
 Services  
 University Place Food Bank  
 Hospitality Kitchen\*  
 Sea Mar Adult Treatment\*  
 Tacoma Rescue Mission\*

**Skagit**  
 Alger Food Bank  
 Anacortes 100 Food Bank  
 Bread of Life, Marblemount  
 Community Covenant Church  
 Concrete Food Bank  
 Helping Hands Food Bank  
 Sea Mar Emergency Food Bank  
 Skagit Valley Neighbors in Need  
 St. Charles Food Bank  
 Swinomish Tribal Food Bank  
 Anacortes 100 Food Bank Meals Program\*  
 Friendship House\*



**Skamania** Skamania KSDC, Stevenson

**Snohomish** Baker Street Ministries  
 Carol Rowe Memorial Food Bank,  
 Edmonds United Methodist Church  
 Concern for Neighbors  
 Darrington Community Service Center  
 Granite Falls Food Bank  
 Lynnwood Food Bank  
 Marysville Food Bank  
 Sky Valley Food Bank  
 Snohomish Community Food Bank  
 Stillaguamish Tribal Food Bank  
 Sultan Food Bank  
 Tulalip Food Bank  
 Westgate Chapel Food Bank  
 CASA Ministries\*  
 Interfaith Family Shelter\*

**Stevens**  
 Addy Rescue Mission  
 Chewelah Food Bank  
 Colville Food and Resource Center  
 Ford Food Pantry  
 Hunters Food Bank  
 Kettle Falls Community Chest  
 Loon Lake Food Pantry  
 Northport Food Bank  
 Spokane Tribe Food Bank

*\*Denotes meal programs*

Thurston	ROOF Community Resource Center Yelm Community Services
Wahkiakum	Helping Hand
Walla Walla	Saturday Pantry
Whatcom	Bellingham Food Bank Blaine Food Bank Ferndale Food Bank Foothills Food Bank Lummi Food Bank Nooksack Tribal Food Bank Nooksack Valley Food Bank Point Roberts Food Bank Birch Bay House*
Yakima	Care Bearers Coviche Highland United Methodist Church Food Bank El Pan de Cada Día Fairview Seventh-day Adventist Food Pantry Grandview Adventist Community Services Mabton Food Bank Selah Food Bank Sunnyside Adventist Community Services Sunnyside Ministerial Food Bank Toppenish Food Bank Wapato Food Bank White Swan Food Bank Yakima Seventh-day Adventist Food Bank Yakima Food Bank Yakima Valley OIC Food Bank Zillah Food Bank

\*Denotes meal programs

### Average monthly services by member food banks and meal programs:

Total:	487,802
Adults:	45%
Seniors:	16%
Children:	39%

### Counties serving the greatest percentages of children:

Adams	50%
Yakima	50%
Chelan	48%
Kittitas	48%
Wahkiakum	46%
Clallam	45%

## Meal programs facts:

Member sit-down meal programs received almost 7 percent of the food distributed by Northwest Harvest. Member meal programs served over 235,000 meals per month, equal to over 26,000 services to individuals.

## Nutritional breakdown of secured food items:



Dairy  
5.4%



Grains  
14.3%



Baby food  
0.2%



Fruits and vegetables  
40.3%



Protein  
16%

Other  
(beverages, soups, sandwiches, salad, pizza, spices, snacks, etc.)  
23.8%



## 10 highest-serving counties (average persons† per month):

King	186,606
Pierce	43,632
Yakima	35,678
Snohomish	28,982
Skagit	25,087
Grant	18,449
Whatcom	15,260
Clark	13,573
Cowlitz	13,428
Kitsap	12,941

†In keeping with our mission, we don't request personal information from our clients. Therefore these figures may represent more than one visit from the same family.

# Our 2003-2004 major donor organizations

We offer a heartfelt thank you for your donations of funds, food, services and volunteer time!

710 KIRO  
Apple Valley Kiwanis  
Applebee's  
Associated Grocers  
Bader Martin Ross & Smith, P.S.  
Assumption - St. Bridget School  
AT&T Wireless  
Bartell Drugs  
Bartell Family Living Trust  
Bates Vocational College  
Big Bend Community College Truck  
Driving Program  
Bishop Blanchet High School  
Bon-Macy's  
The Burning Foundation  
Caribou Ranches, Inc.  
Charlie's Produce  
CityIce Cold Storage  
City of Seattle, Combined Charities  
Campaign  
Clear Channel Radio, Yakima  
Coca-Cola  
Community Health Plan  
Costco Wholesale Corporation  
Darigold/West Farm Foods  
Del Monte Foods  
E.K. and Lillian F Bishop Foundation  
Eastside Stakes of The Church of  
Jesus Christ of Latter-day Saints  
Emmanuel Episcopal Church  
Employees Community Fund of  
Boeing Puget Sound  
Everett Mall  
Food Services of America  
Force Schuler Family Foundation  
Forest Ridge School of the Sacred  
Heart  
The Foster Foundation  
Franz Bakery, Weller Division  
Geneva Foundation  
Golden Grain/Mission Pasta  
Graybeal Jackson Haley, L.L.P.  
Great American RV  
Group Health Cooperative  
Henningson Cold Storage  
Herman, Recor, Araki, Kaufman,  
Simmerly & Jackson, P.L.L.C.  
Hillis Clark Martin & Peterson, P.S.  
Holmes Weddle & Barcott

Holy Names Academy  
Howe Foundation  
Il Fornaio  
Inaba Produce Farms  
Index Newspapers, LLC  
The Joshua Green Foundation  
Jones Produce  
J.R. Simplot Company  
Kamiakin Kiwanis  
KAPP TV  
Kershaw Fruit and Cold Storage  
Keyes Foundation  
KIMA TV  
KING 5 TV  
King County Employee Charitable  
Campaign  
King's Junior/Senior High School  
KISS 106.1  
Kitsap Mall  
The Kleo Foundation  
KNDO TV  
KOMO AM 1000  
KOMO TV  
KONG TV 6/16  
KPLZ Star 101.5 FM  
KRWM 106.9  
KZOK 102.5  
Market Foods  
Mattaini Family Foundation  
McDonald's of Yakima  
The Medina Foundation  
Mercer Island High School Key Club  
Mercer Island Joint Youth Ministry  
Mercer Island Youth and Family Services  
Microsoft Corporation  
Mikkelborg, Broz, Wells & Fryer, P.L.L.C.  
Moss Adams, L.L.P.  
National Charity League  
New Northwest Broadcasters  
Northgate Mall  
O'Dea High School  
Pacific Northwest Title Company  
Paul M. Anderson Foundation  
Pepsi Bottling Group  
Peterson Russell Kelly, P.L.L.C.  
Phoenix Savings Bank  
Pizza Hut, Inc.  
Plymouth Congregational Church,  
United Church of Christ

Port of Seattle  
Poulsbo RV  
Queen Anne United Methodist Church  
R.A. Rasmussen & Sons  
RealNetworks  
Redmond Town Center  
Reser's Fine Foods  
Rosella's Fruit and Produce Co., Inc.  
Rotary First Harvest  
Seattle Academy of Arts and Sciences  
Seattle Insight and Meditation Society  
Seattle Mariners  
Seattle Seahawks  
Seattle Sonics  
Seattle University  
Seattle Works  
Service Linen Supply  
Shanty Café  
Snokist Growers  
Sports Radio 950 KJR  
Starbucks Corporation  
Stockpot Soups  
Strand Apples  
Sub Shop of Yakima  
Tacoma Mall  
Teens in Public Service  
Top Food and Drugs  
Trinity Parish Episcopal Church  
Truesoups, L.L.C.  
Tzu Chi Foundation  
U.S. Bancorp  
University of Washington Police  
Department  
U-Park Systems  
U.S. Food Service  
Verizon Wireless  
Washington Lottery, Yakima  
Washington State Combined Fund Drive  
World Affairs Council  
Wray's Thriftway  
Yakima Area Arboretum and  
Botanical Gardens  
Yakima Herald-Republic  
Yakima Symphony Orchestra  
ZORRO and La Mexicana Radio

